

The EMDR Center of Canada Inc.

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Assigned Readings: Comprehensive Refresher on EMDR Therapy

Training Session 1

Leeds (2016) Ch. 1-11, 12 (pp. 211-222)
Appendix A pp. 355-364
Appendix B pp. 365-381
Appendix B pp. 389-390

Shapiro (2018) Ch. 1-4
Ch. 5 pp. 113-135
Ch. 12
Ch. 6-7
Appendix B 449-465

Training Session 2

Leeds (2016) Ch. 11, 12 (pp. 222-230)
Ch. 13-17
Appendix B p. 382-388

Shapiro (2018) Ch. 8
Ch. 9 pp. 213-255
Ch. 10 - 11
Appendix C p. 466-490
Appendix E & F p. 498-506

EMDRIA required supplemental readings:

1. [EMDRIA Definition of EMDR](#)
2. [EMDR Related Research Citations](#)
3. [Information Regarding Membership and Programming of EMDRIA](#)
4. [Becoming an EMDR Therapist](#)
5. [Go With That Magazine Fall 2020, Volume 25, Issue 3](#)
6. [Guidelines for Virtual EMDR Therapy](#)
7. [Journal of EMDR Practice and Research, Volume 13, Issue 4](#)